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**Advance Health  
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other loved ones unsure of  
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Preserving  
Health Care Rights  
for You and  
Your Family



# Lifecare

## Advance Health Care Directives

Lifecare Directives, LLC, is pleased to offer the “*Lifecare Advance Health Care Directive*.” This Advance Directive is the result of more than 10 years of rigorous research. It's development involved the review of more than 6,000 articles from medical journals, legal publications, and the popular press, the review of all relevant state and most territorial statutes, and the comparative review of more than 100 independently designed advance directives.

Further, it was reviewed by literally scores of physicians, nurses, elder law attorneys, ethics specialists, and many other scientific and secondary researchers. Finally, more than 1,000 members of the general public participated in university-directed research to validate the document, with over 400 participants also involved in direct comparative testing against other popular advance directive versions.

The Lifecare Directive was found not only to be inclusive of all significant issues important to the public, but it also out-performed every other directive tested.

We feel we can offer you an advance directive that is superior to all others, and that comprehensively and methodically covers those key health care issues most likely to be of significant importance to you and your family.

The directive content is also available as a comprehensive “*Discussion Guide*” for those who are reluctant to record their wishes in a legal format.

Finally, the document is also available in a “*Representative Advance Directive*” format for those families currently facing the need to gather information and evidence in advance planning for a loved one who has already lost capacity.

As one state’s Supreme Court has emphasized, without *advance* decisions, life-sustaining treatments must *always* be used, or at least begun, as “there will be no time to get...authorization [to withhold]...once an emergency arises.” The court therefore found that failing to make *advance* decisions amounted to “a decision by default” (*In re Guardianship of Grant, 109 Wash.2d 545, 747 P.2d 445 (1987)*).

Thus, it is far better for families to come together, well in advance to make carefully considered and heartfelt choices in the best interests of someone they all love. In this way hasty, late night

emergency decisions can be largely avoided, and full family input and support can be obtained well in advance. Through its carefully structured format and design the Representative Directive will aid in accomplishing comprehensive advance care planning with a minimum of confusion and decision-making neglect.

Regardless of which document best serves your needs, you are encouraged to act promptly to ensure the highest quality care for yourself and to protect the well-being of those you love.

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*To purchase a copy of any one of these directives, or to purchase other related materials, please contact Lifecare Directives at:*

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